

**2021-22 Singles Short Program Requirements** – This chart reflects the rules currently in place for the 2021-22 season, which begins July 1, 2021. We do not anticipate any changes from the 2021 Governing Council.



**OPTIONAL FOR NONQUALIFYING COMPETITIONS – NOT A SEGMENT AT QUALIFYING COMPETITIONS**  
**(Juvenile events at regional challenges and sectional finals will still consist of a free skate only.)**

<p><b>JUVENILE and OPEN JUVENILE GIRLS/BOYS</b> 2:10 max. <i>For age eligibility, see U.S. Figure Skating rule 6450</i></p>	<p>Single or Double Axel</p>	<p>Single or Double Jump May not repeat Axel jump or jumps used in the combination</p>	<p>Jump Combination Single/Double or Double/Double May not repeat Axel jump or solo jump performed</p>	<p>Spin Only one position No change of foot May start with a fly Min. 5 revs.</p>	<p>Spin Combination With only 1 change of foot Min. 2 different basic positions. Must have all 3 basic positions to receive full value. No flying entry Min. 5 revs. each foot Min. 2 revs in pos.</p>	<p>Choreographic Step Sequence Fully utilizing the ice surface</p>
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**REQUIREMENTS FOR NONQUALIFYING AND QUALIFYING COMPETITIONS**

<p><b>INTERMEDIATE LADIES/MEN</b> 2:10 max.</p>	<p>Single or Double Axel</p>	<p>Double or Triple Jump May not repeat double Axel or either jump in combo</p>	<p>Jump Combination Single/Double, Double/Double, Single/Triple, Double/Triple or Triple/triple May not repeat Axel jump or solo jump performed</p>	<p>Spin Only one position No change of foot May start with a fly Min. 5 revs. Men: Must be a camel spin</p>	<p>Spin Combination With only 1 change of foot Min. 2 different basic positions. Must have all 3 basic positions to receive full value. No flying entry Min. 5 revs. each foot Min. 2 revs in pos.</p>	<p>Leveled Step Sequence Fully utilizing the ice surface</p>
<p><b>NOVICE LADIES</b> 2:30 max.</p>	<p>Single or Double Axel</p>	<p>Double or Triple Jump May not repeat double Axel or either jump in combo</p>	<p>Jump Combination Double/Double, Double/Triple or Triple/Triple May not repeat double Axel or solo jump performed</p>	<p>Layback/Sideways Leaning, Sit or Camel Spin No change of foot No flying entry Min. 6 revs.</p>	<p>Spin Combination With only 1 change of foot Min. 2 different basic positions. Must have all 3 basic positions to receive full value. No flying entry Min. 5 revs. each foot Min. 2 revs in pos.</p>	<p>Leveled Step Sequence Fully utilizing the ice surface</p>
<p><b>NOVICE MEN</b> 2:30 max.</p>	<p>Single or Double Axel</p>	<p>Double or Triple Jump May not repeat double Axel or either jump in combo</p>	<p>Jump Combination Double/Double, Double/Triple or Triple/Triple May not repeat Double Axel or solo jump performed</p>	<p>Camel Spin With only 1 change of foot No change of position No flying entry Min. 5 revs. each foot</p>	<p>Spin Combination With only 1 change of foot Min. 2 different basic positions. Must have all 3 basic positions to receive full value. No flying entry Min. 5 revs. each foot Min. 2 revs in pos.</p>	<p>Leveled Step Sequence Fully utilizing the ice surface</p>

This chart highlights the elements in each program. It is not meant to replace the reading of the rules in the current version of the U.S. Figure Skating Rulebook. Should this chart disagree with the current U.S. Figure Skating Rulebook in any aspect, the rulebook takes precedence.

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**REQUIREMENTS FOR NONQUALIFYING AND QUALIFYING COMPETITIONS**

<p><b>JUNIOR LADIES</b> 2:40 +/- 10 sec <b>2<sup>nd</sup> half bonus:</b> 1:20</p>	<p><b>Double Axel</b></p>	<p><b>Double or Triple Flip</b></p>	<p><b>Jump Combination</b> Double/Double, Double/Triple or Triple/Triple May not repeat Double Axel or solo jump performed</p>	<p><b>Flying Sit Spin</b> Flying pos. may be different than landing pos. Min. 8 revs.</p>	<p><b>Layback/ Sideways Leaning or Camel Spin without change of foot</b> No flying entry Min. 8 revs.</p>	<p><b>Spin Combination</b> With only 1 change of foot Min. 2 different basic positions. Must have all 3 basic positions to receive full value. No flying entry Min. 6 revs. each foot Min. 2 revs in pos.</p>	<p><b>Leveled Step Sequence</b> Fully utilizing the ice surface</p>
<p><b>JUNIOR MEN</b> 2:40 +/- 10 sec <b>2<sup>nd</sup> half bonus:</b> 1:20</p>	<p><b>Double or Triple Axel</b></p>	<p><b>Double or Triple Flip</b></p>	<p><b>Jump Combination</b> Double/Triple or Triple/Triple May not repeat Axel jump or solo jump performed</p>	<p><b>Flying Sit Spin</b> Flying pos. may be different than landing pos. Min. 8 revs.</p>	<p><b>Camel Spin</b> With only 1 change of foot No flying entry Min. 6 revs. each foot</p>	<p><b>Spin Combination</b> With only 1 change of foot Min. 2 different basic positions. Must have all 3 basic positions to receive full value. No flying entry Min. 6 revs. each foot Min. 2 revs in pos.</p>	<p><b>Leveled Step Sequence</b> Fully utilizing the ice surface</p>
<p><b>SENIOR LADIES</b> 2:40 +/- 10 sec <b>2<sup>nd</sup> half bonus:</b> 1:20</p>	<p><b>Double or Triple Axel</b></p>	<p><b>Any Triple Jump</b> May not repeat Triple Axel or either jump in combo</p>	<p><b>Jump Combination</b> Double/Triple or Triple/Triple May not repeat Axel jump or solo jump performed</p>	<p><b>Flying Spin</b> Landing position different than spin in 1 position Min. 8 revs.</p>	<p><b>Layback/ Sideways Leaning, Sit or Camel Spin without change of foot</b> No flying entry Min. 8 revs.</p>	<p><b>Spin Combination</b> With only 1 change of foot Min. 2 different basic positions. Must have all 3 basic positions to receive full value. No flying entry Min. 6 revs. each foot Min. 2 revs in pos.</p>	<p><b>Leveled Step Sequence</b> Fully utilizing the ice surface</p>
<p><b>SENIOR MEN</b> 2:40 +/- 10 sec <b>2<sup>nd</sup> half bonus:</b> 1:20</p>	<p><b>Double or Triple Axel</b></p>	<p><b>Any Triple or Quadruple Jump</b> May not repeat Triple Axel or either jump in combo</p>	<p><b>Jump Combination</b> Double/Triple, Triple/Triple, Quad/Double, or Quad/Triple May not repeat Axel jump or solo jump performed</p>	<p><b>Flying Spin</b> Landing position different than spin in 1 position Min. 8 revs.</p>	<p><b>Sit or Camel Spin</b> With only 1 change of foot No flying entry Min. 6 revs. each foot</p>	<p><b>Spin Combination</b> With only 1 change of foot Min. 2 different basic positions. Must have all 3 basic positions to receive full value. No flying entry Min. 6 revs. each foot Min. 2 revs in pos.</p>	<p><b>Leveled Step Sequence</b> Fully utilizing the ice surface</p>

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